

# CHRISTINE MORRIS



## EMAIL

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## WEBSITE

## QUALIFICATIONS

- Level 4 Diploma in Therapeutic Counselling CPCAB
- Level 2 & 3 Certificate in Therapeutic Counselling CPCAB
- Certificate in Online and Telephone Counselling
- Foundation Certificate in Bereavement.
- I have an extensive list of CPD training which is always ongoing
- I'm starting the CPCAB Level 5 certificate in Counselling Children and Young People in November 2024
- BACP registered

## CLIENTS I WORK WITH

Young people

## PROFESSIONAL SUMMARY

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I'm a qualified counsellor and offer counselling face to face, online and on the telephone to all ages from 12 upwards. I work in a person-centred way which means I adapt to your needs and can also help you identify what those needs are. In our sessions I will work with you to understand your experiences and how this shows up in your life in the here and now. We will build a relationship based on empathy, authenticity and unconditional positive regard. I don't offer advice as I believe the answers lie within you and I will support you in your journey to self-discovery and healing.

I have always had a keen interest in supporting neurodivergent people. My career has involved supporting young people with neurodiversity, particularly ADHD and Autism, gaining skills to live their lives to the fullest. I have supported young people emotionally and practically in further and secondary educational facilities.

## SPECIALIZATION

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Depression and anxiety

Low self-confidence

Low self-esteem

Relationship problems

Bullying

Self-harm

Bereavement

Domestic abuse

Sexual abuse

Psychological abuse

Infertility

Infidelity

Parental alienation