

RACHEL MARLOW



EMAIL

Rachel@walkthewalkcic.co.uk

WEBSITE

QUALIFICATIONS

- Level 1 Telephone and online face to face Counselling
- Level 2 introduction to counselling
- Level 2 certificate in counselling studies
- Level 3 certificate in counselling studies
- Level 4 Diploma in therapeutic counselling (final year)

BEFRIENDER

With a background as a trainee counsellor and a reputation for embodying the qualities of a caring and supportive friend, I bring a unique approach to therapy that is centered around kindness and compassion. I believe in creating a safe and non-judgmental space where clients can feel comfortable exploring their thoughts, emotions, and experiences. My goal is to empower individuals to take charge of their therapy journey and lead each session according to their own needs and comfort level.

I take a personalised approach to therapy, tailoring each session to the specific needs and goals of the client. By focusing on the individual and their unique experiences, I aim to ensure that each session is meaningful and productive, allowing clients to get the most out of our time together. I believe in the importance of building a strong therapeutic relationship based on trust and understanding, and I am dedicated to supporting clients as they navigate their personal growth and healing.

My passion lies in helping clients reconnect with their true selves and guiding them on the path of self-discovery. I am committed to walking alongside each client as they explore their inner world, confront challenges, and uncover their strengths. Through our work together, I strive to create a space where clients can feel seen, heard, and supported as they embark on their journey towards personal transformation and fulfillment.